

Attention All Providers:

There has been a lot of information disseminated regarding the H1N1 flu. This email features some important resources suggested by the U.S. Department of Health and Human Services to help protect families and communities from H1N1.

People recommended by the Centers for Disease Control and Prevention (CDC) to receive the vaccine as soon possible include: health care workers; pregnant women; people ages 25 through 64 with chronic medical conditions, such as asthma, heart disease, or diabetes; anyone from 6 months through 24 years of age; and people living with or caring for infants under 6 months old.

[FLU.gov](#) is a one-stop resource with the latest updates on the H1N1 flu. On this site, you can find information on [How to Prevent and Treat the Flu](#), [Flu Essentials](#) and [Why the H1N1 Vaccine is Safe and Recommended by Health Experts](#). To look up where to get vaccinated in your state, visit the [Vaccine Locator](#). This information is updated regularly as more doses are shipped each week. Heard a rumor? Visit [Myths & Facts](#) to run a fact check.

An additional resource is the CDC hotline, **1-800-CDC-INFO (1-800-232-4636)**, which offers services in English and Spanish, 24 hours a day, 7 days a week.

Please share this information as you feel appropriate.